



# DUATHLON DASH, ROLLER RACE



## & FARMER'S MARKET 5K RUN

To Benefit: Cornerstone Playhouse  
Community Theater at its best!  
**Saturday September 10, 2011**  
**37 Plains Rd. Augusta, NJ**



8:30 a.m. Duathlon Dash Start ( Rain or Shine) 10:30 a.m. 5K Run & Roller Race

Top Three Overall Male/Female receive Awards - Top Two M/F 10 year age groups receive medals  
Duathlon, Roller Race and 5K participants receive tshirt and great goody bag while supplies last.  
Packet Pickup is at 155 Route 23 North Sussex Bike on Friday Sept. 9th 5:00 - 8:00 p.m.

### Duathlon Dash

\$50 Early Registration (Received by August 1)  
\$60 Regular Registration (Received by Aug. 30)  
\$70 Late Registration (Received through Sept. 10)  
Co-ed Teams of Two – Save \$5 each person

### Roller Race 5K Run/Walk

\$20 through Race Day (Fair weather only )  
Early Registration: \$20 (Received by September 8)  
Regular Registration \$25 (Received through Race Day)



*A One - Day \$10 Insurance card will be included with all Duathlon Entries and is required for participation.  
A 2011 USA Triathlon card presented at registration, will allow for a \$10.00 discount upon arrival.*

**Online Registration, directions visit: [www.Raceforum.com/duathroller](http://www.Raceforum.com/duathroller) or call 973-222-8748**

### Chip Timing for Duathlon by Best Racing Systems

Shirt size M L XL



Duathlon Individual \_\_\_ Team Duathlon \_\_\_ ( 1 Runner and 1 Biker ) 5K Run/ Walk \_\_\_ Roller Blade/ Skater \_\_\_

Age on Race Day \_\_\_ Birth date \_\_\_/\_\_\_/\_\_\_ Male \_\_\_ Female \_\_\_

Bib # \_\_\_\_\_

Single Entry Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Street \_\_\_\_\_ City, State \_\_\_\_\_

Phone \_\_\_\_\_ E-mail \_\_\_\_\_

Duathlon Individual \$ \_\_\_\_\_

Team Duathlon entry \$ \_\_\_\_\_

(2) Person Team Names \_\_\_\_\_ / \_\_\_\_\_

Roller Race \$ \_\_\_\_\_

5K Run/ Walk \$ \_\_\_\_\_

**ENCLOSED PAYMENT: Cash \_\_\_ Check \_\_\_ Check # \_\_\_\_\_**

In Consideration of your acceptance in the Duathlon Dash and Farmer's Market 5K Run / Roller Race, I the undersigned, intending to be legally bound, hereby, for myself my heirs, executors and administration, waive and release any and all rights and claims for damages, and hold harmless, any sponsoring organization ( Main Street Marketing & Events , Sussex County Fairgrounds, Township of Frankford, Sussex County, Cornerstone Playhouse, and co-sponsors, their representatives, successors, agents, servants or employees, and assignees for any and all injuries suffered by me in said run. I recognize that I must be in good health and of sufficient training and experience in order to participate, and state furthermore, that my ability to participate in and successfully compete in this event has been attested to by a qualified physician or certified fitness consultant. I hereby grant permission to Main Street Marketing & Events to use photos that my include myself for promotion and publicity: and understand that if the event cannot be held due to an act of God or circumstances beyond control, the Duathlon Dash and Farmer's Market 5k Run/ Roller Race event is not liable to refund and money paid by me to participate. With my signature, I acknowledge that I have read accept these terms under which my entry is made.

\* I understand that I must be properly equipped for this event.

Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Parent or Guardian if Under 18 Years )

Checks payable to: Main Street Marketing & Events  
P.O Box 863 Sparta, NJ. 07871